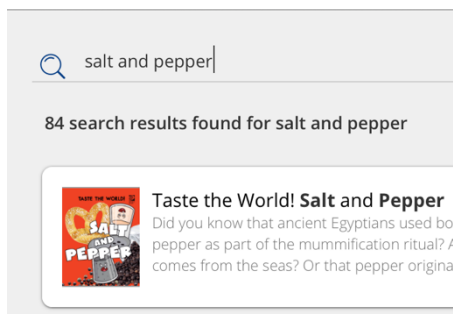




DID YOU KNOW all salt is made up mainly of sodium chloride and that pepper contains a mixture of oils that produce its aroma?

Try out this recipe!

1. Open the search function
2. Type "Taste the World"
3. Pick Salt and Pepper
4. Read about the history of salt and pepper.
5. Find the **savory ranch dip** recipe.
6. Make the recipe and serve with your favourite dipping vegetables.



Food Facts:



Every cell in your body contains salt.



Natron is a type of salt that was used by ancient Egyptians to preserve mummies.

Unlike salt, which can be found or made just about everywhere in the world, pepper originally grew in only one place – India.

