**Staying Well**

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| <div class="slide-title"><h2>Staying Well &nbsp;<br></h2></div> <p>Your body is a wonderful machine. Just think of all the things it can do. But you must take care of it to stay healthy. You need plenty of exercise, water, fresh food, and sleep. You need to wash every day to keep yourself clean!</p> | Your body is a wonderful machine. Just think of all the things it can do. But you must take care of it to stay \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. You need plenty of \_\_\_\_\_\_\_\_\_\_\_\_\_\_, water, fresh food, and sleep. You need to \_\_\_\_\_\_\_\_\_\_ every day to keep yourself clean! |
| <div class="slide-title"><h2>Brush Your Teeth &nbsp;<br></h2></div> <p>Brush your teeth with <vocabulary>toothpaste</vocabulary> to help them stay clean and white.</p> | Brush your \_\_\_\_\_\_\_\_\_\_\_ with toothpaste to help them stay clean and \_\_\_\_\_\_\_\_\_\_\_. |
| <div class="slide-title"><h2>Washing With Soap &nbsp;<br></h2></div> <p>Soap is for washing your skin. You rub it all over even behind your ears!</p> | \_\_\_\_\_\_\_\_\_\_\_ is for washing your \_\_\_\_\_\_\_\_. You rub it all over even behind your ears! |
| <div class="slide-title"><h2>Shampoo &nbsp;<br></h2></div> <p><vocabulary>Shampoo</vocabulary> gets rid of the dirt in your hair and makes lots of bubbles, too!</p> | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ gets rid of dirt in your \_\_\_\_\_\_\_\_\_\_ and makes lots of bubbles, too! |
| <div class="slide-title"><h2>Fresh Fruit &nbsp;<br></h2></div> <p>Fresh fruit is tasty and good for you, too. It helps your body grow.</p> | Fresh \_\_\_\_\_\_\_\_\_\_ is tasty and good for you, too. It helps your body \_\_\_\_\_\_\_\_\_\_. |
| <div class="slide-title"><h2>Napping &nbsp;<br></h2></div> <p>Playing can tire you out. A short nap gives your body a rest, so that you are ready to start all over again.</p> | Playing can tire you out. A short \_\_\_\_\_\_\_ gives your body a \_\_\_\_\_\_\_\_, so you are ready to start all over again. |